



# BASS ANGLING IN IRELAND



# INTRODUCTION

When you talk about bass angling to a European bass angler, it won't take long for Ireland to come up in the conversation. This is because Ireland has become renowned as a bass fishing mecca which attracts avid bass anglers from all over the continent.

What makes Ireland such a bass hotspot? One of the key reasons is that bass have been a protected species for many years in Ireland, as a ban on commercial fishing and restrictions on the recreational fishery have allowed bass populations to recover following years of overfishing. Recent European regulations have seen the Irish model adopted on a wider scale with bass now considered a protected species throughout the EU.

Another reason for Ireland's status as a bass hotspot is the varied nature of its 3,000km coastline which is warmed by the waters of the Gulf Stream. Facing the Atlantic on its western and south western seaboards, Ireland's coastline is a mix of inlets, bays, reefs, rocks, cliffs and sandy beaches. Much of this is shallow ground which provides the perfect habitat for foraging bass.

Of course, it's not all about the fishing. Ireland is a beautiful country and the scenery of the Irish coastline can be breath-taking, making it a fantastic place to spend some time enjoying the natural environment. Then, after a long day fishing (and maybe even a 70+cm bass),

where better to go to celebrate than to a genuine Irish pub where you can share your fishing stories over a pint or two...

This brochure contains some basic information to help you get started on your Irish bass fishing adventure. There is a short description of bass fishing followed by some general angling & tourist information. The map on the flip side of this brochure highlights some of the different areas along Ireland's coastline and some of the better-known bass holding areas to target.



There is much more detailed information on the <u>www.fishinginireland.info</u> website and on the accompanying Google map: <u>https://goo.gl/ty3pLf</u>

### LOCATING IRISH BASS

Bass are found all round Ireland's coastline but traditionally the fishing is best south of a line drawn between Dublin and Galway. However, as sea temperatures continue to rise bass are moving further north in greater numbers and new marks are opening up.

Bass are opportunistic predators and are constantly on the move, foraging for food. In fact, the biggest problem a bass angler normally faces, is finding bass as they rove around the coastline in search of their next meal. Local knowledge is key here, as bass will usually have preferred areas where they feed at different stages

of the tide. For this reason, we recommend that anglers fishing an unfamiliar area for the first time hire a guide to help them get oriented. A guide will know the main feeding times/zones for different marks and will cut out a lot of the guesswork and wasted time. If you can't avail of a guide the following pointers may help you locate bass holding areas:

Bass are a **shallow water** species, preferring to hunt and forage relatively close inshore. They are rarely caught from deepwater marks and so the angler needs to avoid the deeper water and concentrate on shallower areas of coastline.

**Rocks/Reefs:** Bass love to forage in the nooks, crannies and gullys that form when areas of rocky coastline and shallow reefs are exposed to heavy seas. These areas are often covered in dense seaweed beds and so provide cover for prey items such as crabs and small fish. Bass will move in and out of these areas on the tide and can often be caught very close in, in a foot or two of water.

**Beaches:** Bass will hunt in and around sandy beaches in search of food and worms, crab & sandeel are the favoured baits off many beach marks. Sandeel burrow into the sand and emerge at night to feed so night time fishing is usually the most productive. Beaches tend to fish best when there is a strong surf, as the wave action scours the gravel and sand to displace food items.

**Estuaries/Lagoons:** Bass love a strong current as they are sturdy swimmers that can hold in the current and intercept smaller prey as they are swept by. Estuaries/lagoons that flood with the tide can be particular hotspots as bass will follow prey movements in and out of the lagoon and the angler can intercept them en route. Some well-known examples of this type of mark would be Bannow Bay in Wexford or the mouth of the River Inny in Waterville, but there are many other similar marks around the Irish coast.

**Tides:** Bass tend to feed more avidly during periods of stronger tides so the key times to fish tend to be the spring tide periods around a full/new moon. Tide movements also have an impact on individual marks as bass will prefer certain marks at low water and other marks at mid and high water. Local knowledge is usually the best way to determine which marks fish well at different stages of the tide.

**Onshore winds:** A good onshore wind can create excellent bass fishing conditions as the force of the wind on the waves churns up the water close to shore. This churned up water is highly oxygenated, which attracts bass, and it also disorients prey items leaving them vulnerable to attack, thus providing perfect conditions for bass to feed hard.

**Day/Night:** Bass can be active over the whole 24-hour cycle and the dawn/dusk period usually produces better than average results, particularly if it coincides with a good tide. For those prepared to lose some sleep, night time fishing can be very rewarding and often produces larger than average fish that become less wary and move inshore during darkness. Night time fishing is sometimes the only option when fishing beaches that are busy with swimmers/bathers during the day.

**Indicators:** There are some signs to look for that can indicate the presence of bass or the baitfish that bass feed on. Diving birds such as gannets usually mean that there is a shoal of baitfish in the area and bass will not be too far away. Splashes & boils or small baitfish breaking the surface usually mean that a predator is feeding and anglers should concentrate on that area. In clearer water, bass can sometimes be observed using the power of the waves to 'surf' after prey items.

#### **SEASONS & REGULATIONS**

Bass can be fished for all year in Ireland but they are predominantly targeted in the April to October period. However, along the south coast bass can be caught regularly through the winter months, with bait fishing usually the most productive method.

In recent years, bass angling regulations have changed so often that it is difficult to give any useful guidance here. There can be restrictions on numbers and size of bass an angler can take and there can also be closed seasons. Anglers need to check our website <a href="http://fishinginireland.info/regulations.htm">http://fishinginireland.info/regulations.htm</a>

prior to fishing to make sure they are aware of regulations in place at that time.

#### **METHODS**

Lure fishing is the most popular method to target bass these days and a rod between 8 and 10ft casting from 10 to 40g matched with a good fixed spool reel with 15kg

braid will cover most bases. There are a myriad of lures available and the angler should have a range of different weights, colours & sizes in both soft and hard plastics.

For most bait fishing, a light beachcaster of 11-14 ft able to cast somewhere in the 3-6 oz range (beach) or 2-4 oz range (estuary) matched with a fixed spool reel or 6500 size multiplier is perfect. Using as light a rod as conditions allow will help bite detection. Pulley rigged crab and worm baits work well on the surf beaches, while for estuary fishing peeler crab is the preferred bait.

Fly rods for bass would generally be 9ft and AFTM 8 to 10. Shooting-head or weight forward lines in intermediate & floating will cover most bases. A line tray is recommended to stop line getting wrapped around rocks or feet by the waves. Flies are normally streamer variations such as clousers, deceivers etc. tied in a range of sizes and colours.

### **CATCH & RELEASE**

We all have a responsibility to protect and conserve our fisheries so that they can be enjoyed by future generations. Most fisheries face multiple threats including pollution, water abstraction and illegal fishing, all of which have a negative impact on fish stocks. For that reason, we would ask that all anglers consider practicing Catch & Release for the majority of fish they catch. Record any trophy fish with a quick photo and then carefully return to the water. Remember: <u>#CPRsavesfish</u>



# **FURTHER INFORMATION**

# **Angling Information**

This guide provides a basic introduction to bass angling in Ireland and gives a summary of some of the key angling hotspots you can visit. However, there are a number of additional resources where you can find more detailed and up-to-date angling information. Firstly, there is a dedicated angling website which has more detailed information on individual fisheries and service providers at: www.fishinginireland.info

If you are planning on fishing in Northern Ireland or on the Foyle and Carlingford area on either side of the border you should consult:

www.nidirect.gov.uk/information-and-services/outdoor-recreation-and-sport/angling and www.ufishireland.org/

IFI also produces a weekly Angling Update which provides up-to-date reports on what anglers are catching and where. You can sign up to be emailed the weekly Angling Update by emailing <u>contact@fisheriesireland.ie</u>

# **General Tourism**

Ireland also has a general tourism website <u>www.ireland.com</u> that will help you plan your trip to Ireland, providing a wealth of information on travel and accommodation as well as information on things to do and see while visiting the island.

# Leave No Trace

Please adhere to the seven principles of Leave No Trace Ireland:

Plan ahead and prepare; Travel and camp on durable surfaces; Dispose of waste properly; Leave what you find; Minimise campfire impacts (be careful with fire); Respect wildlife; Be considerate of other visitors.

Vehicles should be parked in designated areas and in such a manner that they do not cause obstruction.



Anglers should fish responsibly and sustainably – where possible use single barbless hooks and practice no-weight, "in the water" catch and release.

leave no trace www.leavenotraceireland.org

# Safety

Angling is a water based activity with changing conditions and dangers that are sometimes hidden. Drowning is an ever present risk and you should exercise utmost care for your own safety and that of angling partners/buddies.

Please consider the following when going fishing:

- Wear a life jacket.
- Follow advice on warning signs, permits and notices
- Don't take any risks when wading or fishing from boat, shore or bank





- Check the weather forecast and tide tables before you go
- Take time to observe weather, water and tide conditions while fishing
- Fish with a partner/buddy or let someone know where you're going
- Take a fully charged mobile phone in a waterproof case/bag.
- Wear appropriate clothing and footwear

For a more detailed guide to safety when angling please visit: <a href="http://www.fishinginireland.info/safety.htm">www.fishinginireland.info/safety.htm</a>

### **Biosecurity**

Aquatic Invasive Species and fish pathogens are readily transferred from one watercourse to another on angling tackle, boats and protective clothing. These can be very damaging to resident fish stocks, the aquatic habitat and the general environment. We would ask that all anglers inspect and clean their gear prior to travelling to Ireland to fish.

Full information on prevention of invasive species is available on our website at: <a href="http://www.fisheriesireland.ie/Research/invasive-species.html">www.fisheriesireland.ie/Research/invasive-species.html</a>

Or via Invasive Species Ireland at <a href="http://invasivespeciesireland.com/cops/water-users/anglers/">http://invasivespeciesireland.com/cops/water-users/anglers/</a>

## Disclaimer

Every effort has been taken to ensure accuracy in the compilation of this publication and associated maps and web pages. Inland Fisheries Ireland cannot accept responsibility for errors or omissions therein. Some sporting activities may by their nature be hazardous and involve risk. It is recommended in such cases to take out personal accident insurance. While many operators would have public liability insurance it is always advisable to check with the establishment or operator concerned as to the level of cover carried.

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#### Regions and Hotspots

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North of Trailee (I), bass are caught from a number; marks around Fenih, Barrow Marbour and Carrohane o the tide pushes in and out of the various channel system Further morth, lure fishing from the outcop at Black Roo and suff fishing from Bollyheigue Strand can produce re sufts as can fishing Bollyhumion beach. County Claree LI famous for the Cliffs, of Moher is offi

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#### IRELAND/ Northern Ireland

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